

## Oncology Section Specialization Workgroup

### **Eileen Donovan: Houston, Texas**

#### **Education:**

University of Texas School of Physical Therapy, Galveston, TX    B.S.    1967  
Physical Therapy  
University of Houston/Baylor Medical School, Houston, TX    M.Ed. 1975    Allied  
Health Education

#### **Employment History:**

University of Texas M.D. Anderson Cancer Center, Houston, TX  
Physical Therapist – Staff Educator    2005-present  
Manager, Rehabilitation Services and Coordinator of  
Clinical Education    2000-2004 (retired)  
Assistant Director and Coordinator of Clinical Education    1986-2000  
Director (ad interim)    1994-1995  
Physical Therapist and Coordinator of Clinical Education    1970-1986  
Physical Therapist    1967-1969

### **Stephen Gudas PT, Ph.D: Richmond, Virginia**

Stephen Adam Gudas, PT, PhD was born in Bridgeport, Connecticut. He received a BS in Physical Therapy *cum laude* from the University of Pennsylvania, Philadelphia, Pennsylvania in 1971, and an MS in Physical Therapy and a PhD in Anatomy from Virginia Commonwealth University, Medical college of Virginia, Richmond, Virginia in 1975 and 1988 respectively. Except for a short 1-½ year hiatus on the faculty of the physical therapy program at the Medical University of South Carolina, he has been with MCV since 1974. He teaches gross anatomy and neuroanatomy to graduate and professional students at this university, and practices physical therapy in the cancer rehabilitation program of the Massey Cancer Center at that institution. He has been an APTA member since 1971. He is a founding, charter member of both the oncology section and the section on geriatrics, and is the editor of Rehabilitation Oncology, the journal of the oncology section of the APTA.

### **Jeannie Kozempel DPT : Philadelphia Pennsylvania**

#### **Education**

1988 Bachelors of Science in Physical Therapy from Thomas Jefferson University, Philadelphia, PA.

1994 Masters of Science in Psychology with focus on trauma counseling from Chestnut Hill College, Phila., PA

1999 Certificate in Business Management from Holy Family University, Phila., PA

2001 Certificate in Holistic Medicine from Harcum College, Bryn Mawr, PA.

2007 Transitional Doctorate in Physical Therapy from Drexel University, Phila., PA.

### **Employment**

I have worked in many settings for physical therapy including outpatient orthopedic, private practice and inpatient acute care.

I have worked in oncology rehabilitation at Fox Chase Cancer Center since 1993 treating both medical and surgical patients, inpatient and outpatient, from early diagnosis through hospice. I have developed our programs in Head and Neck care, TRAM flap breast reconstruction and spinal cord compression. I have presented programs for our patients with special concerns regarding recovery from chemotherapy and radiation in all diagnoses and specifically for breast cancer, esophageal cancer, ostomy patients as well as caregivers and our volunteers in the hospice program.

I have a special interest in working with the TRAM flap breast reconstruction population and head and neck patients with and without reconstructions. I have completed a study with TRAM flaps that was published in the Oncology Nursing Forum in March 2008. I am currently working with our surgeons on two other research studies with this population. I am developing a research protocol with the head and neck population with another surgeon looking specifically at functional recovery following head and neck cancer surgery.

### **Andrea Leiserowitz MPT, CLT: Seattle, Washington**

Ms Leiserowitz opened and currently runs the Seattle Cancer Care alliance outpatient PT dept since 2003. She teaches oncology rehabilitation and death and dying in the DPT program as adjunct clinical faculty at U. of Puget Sounds and occasionally at DPT prgm at U of Washington. She has developed auto PT referrals at SCCA for patients with

breast, melanoma and stem cell transplant, expediting their access to care. In 2007 she participated in the publication of an article outlining Axillary Web Syndrome with breast and melanoma patients. Her areas of expertise are general oncology and lymphedema/swelling disorders.

### **Charles McGarvey PT, MS, DPT, FAPTA: Rockville, Maryland**

Dr. Charles McGarvey served in the Commissioned Corps of the United States Public Health Service (USPHS) from 1977-2007 and retired as a CAPTAIN March 1, 2007 following 30 years of service. He graduated from the physical therapy program at West Virginia University in Morgantown, West Virginia in 1976, earned a Masters of Science in Community Health Education from Old Dominion University, Norfolk, Virginia in 1981 and was awarded his Doctor of Physical Therapy from Massachusetts General Hospital Institute of Health Professions (MGHIHP) in May of 2006.

He was Chief, Physical Therapy at NIH from 1987-2007 and facilitated a number of national clinical, educational and research programs. He has authored, or co-authored, over 22 articles and chapters on the subject of cancer rehabilitation. In 2005, Dr. McGarvey was inducted as a Catherine Worthingham Fellow of the American Physical Therapy Association. Currently Dr. McGarvey is President, of CLM Consulting, a business which provides advice and consultation in areas of clinical proactive, administration, education and research in areas related to cancer rehabilitation to providers, hospitals and industry.

### **Lucinda Pfalzer PT, PhD, FAPTA: Flint, Michigan**

Dr Pfalzer is a Professor, Associate director for research and post-professional education, Director the new transitional Doctor of Physical Therapy (DPT) Program and serves on the Management Team in the Physical Therapy Department at the University of Michigan-Flint (UM-Flint). Dr Pfalzer has distinguished herself with a focus on the role of physical therapy for patients with chronic diseases such as cancer and HIV/AIDS. She was selected to be the first Visiting Scientist for a year-long Clinical Research Fellowship in the Rehabilitation Medicine Department at the National Institutes of Health (NIH) in 2001. Her record of scholarship is impressive with 16 refereed papers, 10 non-refereed papers, 10 book chapters, and more than 136 scientific and professional presentations worldwide. These works were recognized by the Oncology Section of the American Physical Therapy Association (APTA) with the Section's research award and the Steve Gudas Award, as well as and by the Michigan Chapter in 2002 and 2006 with the Mabel Holton Award.

Dr Pfalzer has held numerous leadership roles at the local, state, and national levels in APTA, MPTA, the American Heart Association of Michigan, and is a Fellow in

the American College of Sports Medicine. Her service to the Michigan Chapter was recognized with the Marjorie Stamm Award for Exceptional Leadership and Dedicated Service. She is widely recognized for the leadership she has provided for the APTA Oncology Section, including serving as president and receiving the career service award, the Jeri F Walton Service Award. Dr. Pfalzer received the highest award the APTA grants for outstanding contributions to the profession, the Catherine Worthingham Fellow, in March of 2007.

### **Nicole L. Stout MPT, CLT-LANA: Bethesda, Maryland**

Ms. Stout works as a therapist and clinical researcher. She is also a CLT-LANA lymphedema specialist. She received her Bachelors degree from Slippery Rock University of Pennsylvania and a Master of Physical Therapy degree from Chatham College. She is currently the principle investigator on two research protocols studying upper extremity morbidity associated with breast cancer treatment at the Breast Care Center at the National Naval Medical Center. Ms. Stout has lectured and taught internationally on lymphedema and cancer rehabilitation. She is a recognized expert in breast cancer morbidity. Currently Ms. Stout is a member of the steering committee for the American Lymphedema Framework project and is working on international policy initiatives for lymphedema treatment in the UK and South Africa. She is also serving as the project manager for the clinical specialization initiative for the Oncology Section of the American Physical Therapy Association. Ms. Stout has held positions on the board of directors for the Oncology Section of the American Physical Therapy Association, the Medical Advisory Board for the National Lymphedema Network and the Lymphology Association of North America. She has authored and co-authored over a dozen articles about cancer and lymphedema as well as several book chapters and study monographs.

### **Meredith Wampler PT, DPTSc: Bremerton, Washington**

Meredith Wampler, PT, DPTSc graduated from the University of Missouri in 1997 with her Bachelors of Health Science in Physical Therapy. She earned her Doctor of Physical Therapy Science degree from the University of California, San Francisco (UCSF) and San Francisco State University (SFSU) in 2005. While a student at UCSF/SFSU, she received a dissertation award from the California Breast Cancer Research Program to complete her research. Her doctoral work culminated in several peer reviewed publications and a national presentation on the topic of postural control and chemotherapy-induced peripheral neuropathy in women with breast cancer. Dr. Wampler has over 11 years of clinical experience in oncology rehabilitation. Currently, she is the lead therapist for the oncology rehabilitation program at Harrison Medical Center in Bremerton, WA. In addition to developing this multi-disciplinary program, she has recently received funding for a pilot study to examine the effects of an aerobic exercise program for patients with chemotherapy-induced peripheral neuropathy.

1. Wampler, MA, Hamolsky, D, Hamel, K, Melisko, M, Topp, KS. Case report: painful peripheral neuropathy following treatment with docetaxel for breast cancer. *Clin J Oncol Nurs* 9(2):189-193.
2. Wampler, MA, Hamel, K, Rugo, H, Miaskowski, C, Byl, N, Topp, KS. The Modified Total Neuropathy Score: a clinically feasible and valid measure of taxane-induced peripheral neuropathy in women with breast cancer. *The J Support Oncol* 2006;4:397-402.
3. Wampler MA, Topp KS, Miaskowski C, Byl NN, Rugo HS, Hamel K. Quantitative and clinical description of postural instability in women with breast cancer treated with taxane chemotherapy. *Arch Phys Med Rehabil* 2007;88:1002-8.

### **Rick Wilson, Ph.D., PT: Augusta, Georgia**

Dr. Wilson's work focuses on the role of physical activity and exercise training in cancer control and prevention. Studies conducted to date have investigated the physical therapy assessment and management of side effects and disabilities associated with cancer treatment. The ultimate goal of this line of research is to better understand how rehabilitative interventions influence cancer-related illness, physical functioning, and quality of life.

#### **Relevant Peer Reviewed Publications**

**Wilson RW**, Jacobsen PB, Fields KK. Pilot study of a home-based aerobic exercise training program for sedentary cancer survivors treated with hematopoietic cell transplantation. *Bone Marrow Transplantation* 2005;35(7):721-727.

**Wilson RW**, Hutson LM, VanStry D. Discriminative properties of two health status questionnaires in women with lymphedema secondary to breast cancer. *Physical Therapy* 2005;85(9):851-860.

**Wilson RW**, Taliaferro LA, Jacobsen PB. Pilot study of a self-administered stress management and exercise intervention during chemotherapy for cancer. *Supportive Care in Cancer* 2006;14(9):928-935.

**Wilson RW**, Ashley C. Reliability and responsiveness of the ventilatory threshold in cancer survivors treated with hematopoietic stem cell transplantation. *Rehabilitation Oncology* . 2007; 25(1):12-16.

#### **Current and Recent Research Support**

Title: Quality Of Life Measures for Secondary Lymphedema

Role: Principal Investigator

Agency: American Cancer Society

Type: Institutional Research Grant (IRG-93-032-07)

Period:2001-2003

Title: Pilot Study of Aerobic Exercise for Bone Marrow Transplant Recipients with Cancer-Related Fatigue  
Role: Principal Investigator  
Agency: Florida Physical Therapy Association  
Type: Linda Crane Research Award  
Period: 2001-2003

Title: Resistance Training For Androgen Deprived Men with Prostate Cancer  
Role: Principal Investigator  
Agency: NCI/NIA Cancer and Aging Center Development Program  
Type: Institutional Pilot Study Research Grant (P20 10-13355-02-11)  
Period: 2005 - 2006

Title: Stress Management and Exercise Training During Cancer Chemotherapy  
Role: Co-Principal Investigator  
Agency: American Cancer Society  
Type: Research Scholar Grant in Cancer Control: Psychosocial and Behavioral Research (RSGPB-05-243-01-CPPB)  
Period: 2005 - 2009